



# ANNUAL REPORT

(1<sup>st</sup> April - 2023 - 31<sup>st</sup> March - 2024)



## Annai Therasa Social Works Association

Madanambedu Village & Post,  
Sathyavedu Mandal, Tirupathi District,  
Andhra Pradesh, Pincode - 517 588.

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## **INTRODUCTION**

It is a wonderful feeling to move into a new house or ride a new vehicle and this is exactly the same way we feel as we move into another year after completing yet another year in the service of the poor and downtrodden, the sick, the dying, the forgotten and the disabled. Probably no other job in the world will provide such job and soul satisfaction.

Annai Therasa Social Works Association has seen 27 years and is growing year after year. We continue to follow the same road that we set for ourselves in 1989 and we have not compromised our principles and we continue to serve despite all the setbacks difficulties that we encountered in the years that have gone by. Our core areas remain the same; Child Care, Disability, Women empowerment and the HIV/AIDS affected and we have gained considerable experience in these fields and have achieved significantly.

The children's homes recorded good results in the 10<sup>th</sup> standard annual public exams and they are healthy and the District child Welfare committee has commended the way the homes are being run. The women's programmes are on as usual and they are out to make their progress on their own. It has been quite a happy year totally and Annai Therasa Social Works Association is very happy to bring out the Annual Report for the period April 2015 – March 2016.

A special drive towards vocational training for the disabled has been initiated this year to find government of India funding to train more and more disabled people so that they are no more a burden to their family or community but contributing members from now on.

Annai Therasa Social Works Association thanks all the Philanthropists, patrons and supporters who have been generously extending funding and technical support to carry out the intended objectives of various projects carried out in this project period. We are sure that their support and cooperation will continue in the coming years too.

We also record our thanks to community leaders, beneficiaries and all other stakeholders for their active contribution at every stage of project implementation.

With much Regards

**S. Arputharaj**  
**President – Annai Therasa Social Works Association**

## I. Activities for the Disabled and For Prevention of Disability



Annai Therasa Social Works Association started its work for the disabled people in 1999 in one Mandal/Block in Sathyavedu in Tirupathi district. This district in Andhra Pradesh is a backward area with more than 18 percent Dalit population who are downtrodden. Due to poverty, illiteracy, unemployment and also due to traditional customs there is lot of disability in this area. Over the years since 1999, the work has expanded from one Mandal to ten Mandals in and around Sathyavedu. Currently it works in 1. Sathyavedu, 2. Vardhayapalayam, 3. Pitchatur, 4. B. N. Kandriga, 5. Nagalapuram, 6. Nindra, 7. Narayanavanam, 8. Vijayapuram,

9. Nagari and 10. KVB Puram mandals. ANNAI THERASA SOCIAL WORKS ASSOCIATION focuses on immediate intervention to bring relief to those affected with disability and then works to educate the community to create conditions for a disability free society in the years to come. The demand for services for the disabled is greater but the resources are limited and hence Annai Therasa Social Works Association tries to provide the best possible services and reach as many clients as possible within its limited resources and time period.



Rehabilitation and essential education under CBR services were provided to the following categories. 1. Visually impaired, 2. Speech and Hearing impaired, 3. Mentally Challenged, 4. Locomotive impaired, 5. Those with multiple disabilities, 6. Leprosy affected people and 7. People affected by Elephantiasis.

While the number of people with disabilities requiring support is increasing day by day the financial support required is dwindling day by day making it more and more difficult to provide services. With great difficulty Annai Therasa Social Works Association balances both but this has to be attended to at the earliest so as to keep the services going on without any difficulty or break.

S.no	Details	Data
1	Awareness Programmes	
	Cummunity Awareness	32
	Parent & Client Awareness	289
2	<b>Vocational Training for clients</b>	<b>136</b>

S.no	Vocational trade	Visually impaired		Hearing impaired		Ortho Impaired		Cerebral Palsied		Sub total		
		M	F	M	F	M	F	M	F	M	F	
1	Carpentry			3		4		1		8		
2	Computer	2	1	3	1	7	5	1		13	7	
3	Cycle Repair			1		1				2		
4	Embroidery			3	4	6	9	1	1	10	15	
5	Flower arrangement		4		6	2	7	1	1	3	18	
6	Leaf Plate Making	1	1	3	5	1	6		1	10	13	
7	Motor R. Winding			2		1				3		
8	Tailoring	1	1	5	4	8	7	1	1	15	13	
9	Two Wheeler Repair			1		2				3		
10	Welding			1		1		1		3		
				3		4		1		8		
		2	1	3	1	7	5	1		13	7	
	Grand Total									70	66	
4	Income generation Training – clients										127	
5	Job Placement										64	
	Self Employment											
6	Embroidery		15	Petty Shop		3						
	Dairy		4	Leaf plate making		16						
	Goat Rearing		17	Tailoring		20						
7	Financial support - loan for income generation activity, During this reporting period, 10 disabled Groups have received 5 x Rs 45,000 =a sum of Rs.4,50,000										12 Groups	
8	Revolving –Grant Rs 10,000 per group. = 12 x Rs 10,000 = Rs 1,20,000										12 Groups	
	<b>Free supply of assistive devices, appliances and aids -</b>										<b>368</b>	
9	Hearing Aid	31	W.Chair	40	Aux crutches	31	Elbow crutches	34	Tricycle	46	Specs	169
	Low vision aids	83	Walker	34								
10	Physical Assessment										370	
11	Eye Camp – Selected for eye Cataract surgery Free eye care camps are conducted every month and 24 such camps were held in 2014 benefiting people. In these camps those with difficulty in reading, seeing, are tested and appropriate treatment is given to them Free spectacles are provided and cataract operations are arranged for those who need it in the Sankara Netralaya hospital, Pammal – Chennai. Since <b>1999 till date - it has provided care for over 12,352 people</b> Cataract has been eradicated in four mandals and we are closing on others nearby. This is										1413	



	certainly an achievement to be proud of very soon we will have eradicated cataract out of our areas of operation.	
12	Surgery	4
14	New SHGs Promoted for Disabled people	12
15	Disabled people Inducted into NREGA Scheme (100 days work with wages)	35
16	Children admitted in mainstream school	24
17	Scholarship	13
18	Medical Treatment	27
19	Bus pass	35
20	Physiotherapy camps	4
21	New Pensions Granted	14
22	Medical certificates obtained	18

There is an appreciable development in the lives of people with disabilities in the south eastern part of chittoor district through the services of Annai Therasa Social Works Association. The programmes use different models wherever applicable and not just one lane approach of Rights based model. It uses welfare model and charity model as one type of service delivery will not fill in all sections and all places. It's an eclectic approach towards empowering people with disabilities.

A new drive towards equipping disabled people with vocational skills has been initiated to make them independent and contributing members of their families and community. In this connection efforts have been taken to find funds from different sources. Since Annai Therasa Social Works Association has the history of conducting vocational training for disabled and non-disabled people in different trades through various projects this programme will further get strengthened.

## ii. Residential Child Care

### Happy Children's Homes - Dasukuppam

In order to help the children of commercial sex workers have a home that could deter their parents from making their children follow their path, "The Happy Childrens Home" was started to take care of them, provide for their needs and bring them up in excellent conditions. In order that these children grow in the community atmosphere other poor children have also been admitted to both the homes depending upon their need. Till 2007 girls and boys lived in the same building with separate dormitories but after the construction of new boys home the boys moved out and two homes one for boys and other for girls cater to their specific needs. The girls home has 90 children while the boys home has 90 children on rolls.



The Children are provided well balanced diet and are provided with very good living conditions and are admitted to good schools nearby, both in Tamil and in Telugu medium at Uthukottai in Tamilnadu and in Dasukuppam in Sathyavedu Mandal. They have after school tuition teachers to help them in the home with their studies and their progress is monitored and followed up with the school authorities.

Much care is taken to see that they don't drop out for some reason or the other, the children have been keeping up good record of academic performance and all of them have been promoted to the next class. The children who finish higher secondary are helped to take up higher education.

### **Festivals & Programmes**

All the important religious festivals are celebrated for the joy of the children such as Pongal, Deepavali and Christmas when special cultural programmes followed by a sumptuous lunch or Dinner. Sometimes philanthropists take chance to provide them special food on occasion of some celebrations in their families. Christmas is a special time for children when they get new colour dresses gifts and of course special food. The day is celebrated with special cultural programmes when children exhibit their talents in acting singing and dance. This year too on 24<sup>nd</sup> December 2023 Christmas programme was conducted with much fanfare and children enjoyed the day much as that signals the beginning of their Christmas holidays.



Independence day and Republic days were also celebrated on 15<sup>th</sup> August & 26<sup>th</sup> January all respect due for the day with flag hoisting in the morning followed by special programmes



The children are encouraged to take part in extra-curricular activities and in sports to make them have a healthy mind and body to go with it. The parents are allowed to visit their children once in a month and are sent home for a few days if there is any function in the family. The home has good reputation in the district and as it is located on the main road many visitors



such as Government officers, Judges visit the homes.

This time too the excursion was taken up and on 27<sup>th</sup> February 2024 the children were taken up to visit the important places in Chennai and surrounding areas. The children were able to visit Vandalur Zoo, Children's Park and Besant Nagar Beach on the way. Everyone returned safe. It was a very good outlet for the children.

### III. Rural Women Development

In spite of all the developments, governmental regulations and ordinances and laws, women continued to be sidelined in the society, given a second hand treatment and often suffer violence at the hands of men. Whether it is urban or rural discrimination is there to stay. Even in the urban areas though open domestic violence may not be visible, humiliation, harassment in all kinds of forms continues to torment women; whether in home or in work place. The condition of women in rural areas is very pathetic as they are often treated as slaves in every household. They have no voice in any matter. As most of them are illiterates or ill educated they are unable to stand up for themselves and take hold of their life. Annai Therasa Social Works Association has been concentrating on empowering women over the years in the rural areas through many programmes.

#### Overall Objective/Aim of the Project /Programme

To work for the holistic development and empowerment of Dalit and Tribal women through awareness, education and sustainable economic improvement programmes and help them attain the basic quality of life that has been denied to them over the years by the society

#### Activities Planned for the Project

- # Awareness Education and activity programmes
- # Training in income generation skills & Entrepreneurial Training
- # Leadership Training

#### **# Awareness Education and activity programmes:**

The awareness education and activity programmes were carried out so that the Dalit & Tribal women would be able to know their history, the development, the current situation, the subjugation that they face even in the present, the different laws, ordinances enacted for their defense and the several concessions rolled out by the Government. It also dealt with the different kinds of human rights and other abuses heaped on the dalit people by the mainstream Indian Society, the ways to bring the perpetrators to book and



the role of the Honourable Courts and the state and National SC/ST Commissions and the Human Rights Commissions. The project worked to generate awareness among the Dalits, Dalit women and children and provide them with basic knowledge about human rights, international perspectives on human rights, constitution of India and fundamental rights, directive principles, Protection of Civil Rights Act 1955 and Prevention of Atrocities SC/ST Act 1989.



In this programme 3 Seminars, 1 Workshop and 7 Meetings were conducted to carry out the awareness programmes. In addition to this there were regular awareness programmes village wise which included street theatre, door to door visits and meeting of women in their self-help groups. As a result of this the women have taken steps to ensure better life for them by learning income generation skills, taking part in local elections forming women self-help groups and helping themselves, educating their children and adding up to the family income through their earnings.



### **# Training in income generation skills & Entrepreneurial Training**



In this backward rural area of Chittoor district women are treated as second class citizens and are subjected to all forms of abuse. They are dependent on men folk and if a woman can earn better, somehow then they are heard and it helps them to become really empowered. As financial strength brings in empowerment Annai Therasa Social Works Association has embarked upon training in income generation skills for rural women and helps them start their own ventures though in a small way. This year 10 women who cannot work in the fields or do any other work were given a small grant of Rs 5,000 to start some income generating programme. Garment selling, Embroidery, goat rearing, buffalo/ Cow rearing are some of the ventures taken up by the women. Prior to this the women were provided Entrepreneurial training.

### **# Leadership Training**

Special leadership training programmes were conducted for the benefit of rural women. 6 one day training in leadership development were conducted and in each group 20 women were trained. In 15 villages in Sathyavedu, Vardhapalayam and B.N.Kandriga Mandals 150 SHGs were provided small trainings on leadership development.



# Annai Therasa Social Works Association has 275 SHGs under its fold and provides continual leadership to the women in its rolls whether it is administrative, technical or any other.

- # The women have been encouraged to take part in local body elections and have had reasonable success to become ward members.
- # Annai Therasa Social Works Association plans to educate the rural women folk to bring girl children to school so that all get a chance to become literates and go up to become at least high school graduates.

#### **IV. Climate Change**

This subject that was in the background has come to the forefront as people all over the world have started to feel the heat of the change in the world climate. The changing climates, sudden storms and burst of unseasonal rains and floods, droughts rising sea levels have sent alarm bells ringing in the minds of even common man leave alone scientists. Slowly the world community is beginning to work to reverse the damage caused by reckless living through measures to reduce global warming.

Annai Therasa Social Works Association in its turn has taken up the work of reversing the trend through several measures at the local level. This includes awareness programmes at the community, village and Town levels, Interactive programmes, greening of the environment through raising plant nurseries and planting trees around living areas, open spaces, hills. The Tsunami of 24<sup>th</sup> December 2023 brought a sudden awareness among the people about disaster preparedness and management and Annai Therasa Social Works Association has used it to a great extent to spread the message of protecting the environment through various ways starting from the common man. The sudden and continuous rain fall of November - December 2023 in North Coastal Tamilnadu and South Coastal Andhra was given focus and how one should adopt.

Awareness has also been created about global warming and its effects on changes in seasons and extreme changes in heat and rain fall pattern affecting the life of common man.

- In order to reduce global warming Annai Therasa Social Works Association has been requesting not to burn garbage or any material to reduce warming of the climate but to compost the garbage after segregation.
- It has requested the communities to use compact fluorescent bulbs or tube lights instead of the vacuum bulbs
- To use gadgets that save electricity
- Rain water harvesting to recharge the underground water table and to clean up and deepen the open wells to serve as storage as well as to replenish ground water.
- Reduce water consumption and wastage and recycle water and use the water to grow kitchen garden.
- Change over to Organic farming methods to totally eliminate dependence on chemical fertilizers for healthy farm products.
- Annai Therasa Social Works Association works along the forest department in greening the hills with tree saplings in Chittoor & Tirupathi district in Andhra Pradesh. It raises plant

nursery and distributes the saplings free of cost to the community members to plant them and green the environment.

- To set an example Annai Therasa Social Works Association has created Kitchen Gardens in all the three homes that it has in Dasukuppam and in Madanambedu and is encouraging all its beneficiaries to start one in their houses.

## **V. Annai Therasa Social Works Association in Social Transformation**

Annai Therasa Social Works Association has launched many programs aimed at improving the quality of social life by launching several protests against social evils such as gambling, smoking of tobacco, use of alcohol and preparation of illicit liquor, dowry and other social practices. It has joined hands with NGOs, Local bodies and government departments to carry out programs that help the downtrodden people and achieve a quality of life that eluded them all the time so that the process of social transformation could be hastened up. The women who have been trained by Annai Therasa Social Works Association have been able to impact the society with their output in influencing the government and law enforcement agencies to curb or eradicate activities that are a deterrent to the society in which they live. They conduct campaigns against suppression of women, against women abuse and against child abuse such as child trafficking and so on where the human rights of the weaker section are infringed.

### **Programmes of National Trust**

One of the Core areas of Annai Therasa Social Works Association is the work among Disability and Annai Therasa Social Works Association has been actively involved in Carrying out programmes of the **National Trust** in providing awareness on Multiple disability, Cerebral Palsy, mental illness, drug addition-substance abuse etc. The programme for care of the aged is also carried out by Annai Therasa Social Works Association has registered itself as an agency that takes care of the aged, and one that carried out awareness programmes for drug de addiction treatment of alcoholism etc.

## **VI . Associated Networks of Annai Therasa Social Works Association**

### **CHILDREN & WOMEN**

- 1) International Net Work Against Child Trafficking,
- 2) AndhraPradeshState Women & Children Welfare Committee
- 3) Ankuram Network For Single Women for Andhra Pradesh

### **HIV/AIDS**

- 1) Saathi– International Network for Crusade Against HIV /AIDS,
- 2) Local Area Network For HIV/AIDS Awareness And Advocacy

## **DISABILITY**

- 1) National Trust for Disabled,
- 2) National Disabled Rights Movement,
- 3) Rehabilitation Council of India
- 4) South Zone CBR Network
- 5) CBM Network Partner-Work among Disabled
- 6) Disabled Peoples Rights Movement of Andhra Pradesh (State Level Network)

## **VII. Future Plans**

- Annai Therasa Social Works Association plans to become independent soon so that it can plan its own programmes without having to conform to the policy decisions of the donor agencies. This is also due to compulsions such as reduced funding, area shift and other reasons.
- On the project side it has decided to concentrate work on helping children and families affected by HIV/ AIDS. It has plans to start a project for HIV positive boys on community basis.
- It has also plans to start a vocational training centre at Vijayapuram Mandal as the community has come forward to give land for it to help their disabled people. Another vocational training is also being planned at Dasukuppam in Sathyavedu Mandal.

## **VIII. Fund Raising**



As part of sustainable development programme Annai Therasa Social Works Association has embarked upon a steady income generation programme through animal husbandry projects that are in line with the rural community. Dairy with an initial capacity of 25 cows was planned and 10 buffaloes have been bought with calves in the first phase and have been housed in the first shed and plans are on for the purchase of second set of 10 animals. The milk produced in sold to

the Andhra Pradesh Government Milk Society and the monthly income after deducting all the expenses are meeting 10% of the administrative expenditure. Though this income is likely to go down when the animals enter pregnancy period it will go up as new animals will be added to it and also when the calves come of age to produce milk. Annai Therasa Social Works Association hopes to raise a dairy with a





capacity to hold 100 milch animals though it will be done in stages.

The other forms of fund raising through personal contacts, money boxes continue and new ways of raising funds will be taken up compartment by compartment so that departments will get self-sufficient in a phased manner.

Our Fund Raising Team

## **IX. Acknowledgements**

Throughout the year Annai Therasa Social Works Association has been able to receive help from many quarters and it gratefully acknowledges the following institutions and individuals who have contributed to the success of many programmes implemented this year and who continue to guide Annai Therasa Social Works Association.

- Sankara Nethralaya – Pammal
- Rotary Club of Madras Industrial City
- Rotary Club of Kilpauk
- Rotary Club of Thiruvallur

## **X. Conclusion**

Annai Therasa Social Works Association has been able to implement its projects to achieve the set goals and help many in the rural area with avenues for growth and development. The program for the education and rehabilitation of the disabled is also going on wonderfully helping a large number of Disabled people. The services of Annai Therasa Social Works Association are sought by many more people in the adjoining mandals and as far as away as Nellore and also in the northern parts of Tamilnadu in Thiruvallur District though Annai Therasa Social Works Association would like to extend its services it has to limit it due to financial limitations.

Annai Therasa Social Works Association gratefully acknowledges the support it received from all its Doors, well-wishers and supporters during this project period from 2023 - 2024.

